

# **Annual Report 2019-2020**

**CSC Head Start of Lincoln County Child Development Services** 

### The CSC Head Start vision is to...

### readiness goals and achievement for all children.

Form a compassionate, caring partnership with all Head Start parents, supporting them to achieve success and selfsufficiency with dignity.

Provide experiences for eligible preschool children to grow socially, emotionally, physically and mentally.

Support parents as the primary teachers, nurturers, and advocates for their children.

# **Report From the Director**

Dr. Suzanne Miller, Director of CSC Head Start of Lincoln County

Ensure successful school We are all in this together is the theme for this year. We began the year unsuspecting that soon there would be a global pandemic!!

> Along with all community partners, parents and families throughout the county, we have faced so many challenges , from personal fears for our safety and the safety of loved ones, to beginning to live in a different way. We, like the school district and all private schools had to stop in person education in March and move quickly to remote work with children and families.

This was challenging to everyone. We cannot

express how we all felt when the only way to communicate was remotely, but we were so happy to be able to do that. Our great staff and our wonderful families all did the very best they could to make it work. Friends, including our Skill Builder from Olalla, our Chapel by the Sea pastors, Wendy and Mark, made wonderful videos for the children, as did our teachers. We now have lots good and helpful information on our website for our children and families even during the summer season.

With the state of Oregon having challenges fiscally, we weren't sure if we would be fully funded by state dollars

We were supported by our legislature and did not receive any cuts. We also received an enhancement grant for salaries for staff. The state wanted to recognize that teachers of pre schools with all the educational requirements now in place deserve to be paid appropriately. We are proud to pay a competitive wage for our staff. This recognition of Head Start is very important for Oregon.

No one knows what the weeks and months ahead will hold for us all, but if we work closely together, as we have been, we will see better days ahead. Let's remember that this is not forever. However we meet in the next year we will succeed together.

## **Mental Health and Disability Services**

Randi Brickey, Mental Health and Disabilities Content Specialist



The 2019-20 school year shows another year with increased needs for services in mental health. 30 referrals were completed for children in need of social-emotional support. This trending increase in mental health issues, along with the COVID-19 closure mandates, have left many of our families experiencing food insecurities, job loss and homelessness. In order to support families in the best way possible, all staff will be trained in "Interactions of the heart of healing" an evidenced based, trauma-informed approach training. This training focuses on developing staff's ability to support children and families who

have been affected by traumatic life experiences and how daily interactions can profoundly affect how children and families process and move beyond trauma.

CSC Head Start will continue to collaborate with several Mental Health community partners to bring services to children directly in our classrooms through the support of trained Skills Builders. Their professional services reach beyond the classroom and are also available to families. These partnerships have led to easier access to programs and services for our families, greater emotional wellness,

and resulted in fewer disturbances and increased positive behaviors in the classroom.

This year, 23 (14.3%) of our enrolled children qualified for special needs services. Due to this high number, CSC Head Start and Early Childhood Special Education will participate in a countyand state-wide pilot project to enhance inclusive teaching practices for all children. These practices will increase positive outcomes for children with special needs and their families. Lincoln County was one of the two counties selected for this project.

## **Enrollment, Attendance, Meal & Snack Report**

Month	Attendance	Breakfast	Lunch	Snack	Total Meals
September 2019	91.68	1,134	1,444	1,108	3,686
October 2019	88.38	1,895	2,572	1,777	6,244
November 2019	84.86	1,461	1,954	1,398,	4,813
December 2019	81.98	1,114	1,493	1,019	3,626
January 2020	84.31	1,547	2,061	1,419	5,027
February 2020	83.86	1,547	2,070.	1,400	5,017
March 2020	82.17	769	1,019	710	2,498
April-June 2020	COVID-19	School	Cancelled		
Total for the year			12,613	8,831	30,0911

### **Health**



e have successfully supported our children's health this year, as the health statistics chart on the following page demonstrates. There are increases in physical and dental exams resulting from Teacher/Advocates working with parents on a monthly basis.

Health and Nutrition Supervisor attends the Lincoln County Public Health Committee, meetings, where she shares pertinent information and the group makes recommendations related to any health matters that came up throughout the school year. We partnered with Capitol Dental in Salem to have a dental hygienist provide three dental screenings and fluoride varnishes for children at each of our sites. We also continue to partner with Elks Children's Eye Clinic/OHSU Casey Eye Institute Vision Screening program to have all our children's vision tested. OSU Extension Nutrition Program provided

nutrition education lessons in each classroom and presented to parents at a Family Meeting. OSU Extension Nutrition Program focuses on healthy eating and active living. As a part of this mission, they offer CSC Head Start classes supplemental health and nutrition instruction. We are pleased to have a great network of vital community partners.

Diana Warren, MPH, Health and Nutrition Supervisor

ealth and Nutrition Supervisor (HNS) develops and maintains many community partnerships, effectively using resources

such as Women, Infants and Children (WIC), Oregon Health Plan (OHP) and health and dental provider relationships. WIC's collaboration with Head Start allows us to better assist families served by both programs. HNS ensures services are not duplicated, accurate information about child's height, weight and hemoglobin count for iron anemia are collected and evaluated for follow-up by accessing WIC services. We all work together to find the best way to meet the needs of children and families in our community. The great dental provider relationships allow HNS to call dental offices to determine when children were seen, if they need dental treatment and whether or not treatment was completed.

As you can see from our Health statistics on the next page, even while we were assisting families remotely due to the COVID-19 pandemic, we continued to receive completed Health and Dental Appraisals from our families and providers.



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### Health

	Oct 2019	Nov 2019	Dec 2019	Jan 2020	Feb 2020	Mar 2020	Apr 2020	May 2020	June 2020	Prog. wide
# of enrolled children with up-to-date or all possible immunizations to date	116	127	142	156	166	175	175	175	175	175
# of enrolled children on a schedule of preventative and primary health care (up to date physical exam)	96	118	125	128	133	142	142	142	135	135
# of enrolled children with an ongoing source of continuous, accessible health care (Medical Home)	154	154	161	166	168	172	172	172	173	173
# of enrolled children completing professional dental exams	68	89	87	94	110	111	111	111	109	109
# of enrolled children with continuous, accessible dental care provided by a den- tist (Dental Home)	139	137	150	161	164	166	166	166	168	168

"Head Start is helping to educate and nurture our community's future leaders."

Pegge McGuire, Executive Director of CSC



## **Parent & Community Engagement**

hildren, families, neighbors, teachers, support staff, and community partners, together, make up the fabric of CSC Head

Success at Head Start hinges on strong relationships between families and our staff members. We partner with parents in developing new strategies to promote their children's learning and positive parentchild interactions. Parents share insights, concerns, and knowledge of their child helping CSC Head Start create effective individualized learning experiences for each child. Parents play a vital role in the program's success from transporting their children to and from class each day, to volunteering, to participating in home visits and conferences.

We understand that children are more likely to grow and succeed as their families grow and succeed. We work together with families to create family goals that support wellbeing, community connections. and encourage leadership skills. For example parents can

volunteer their time to be a Policy Council representative for their child's classroom. Policy Council representatives work closely with our Head Start Director to ensure that our federally mandated Performance become more self sufficient in Standards are being fulfilled in a providing for their families! way that takes in to consideration WAY TO GO PARENTS! their individual family needs and culture.

CSC Head Start takes great pride in the fact that we not only work with children but also comes along side parents to support them to achieve their hopes, dreams and goals for themselves and their families. This year 146 parents or 94% of our enrolled families worked closely with their Teachers or Family Advocates to create Family Partnership Agreement goals. 74% of these family goals were completed in spite of the COVID 19 mandated school closures.

Families choose their own goals which range from learning how to balance home and work life to going back to school to complete mission. their education, whether that is obtaining their General Education Diploma (GED) or a college degree. We are proud

to say that 13 parents or 21 % of our enrolled families completed their goal of furthering their education, acquiring job training, a professional certificate or license to

This year proved to be significantly more difficult for our families due to the COVID 19 crisis. Many of our families experienced job loss, food insecurities and housing issues. 47 households or 26% of our families experienced homelessness. With the help of our generous and responsive community partners and consistent support from Head Start staff, 23 or 49% of those families were able to secure stable housing. CSC Head Start is dedicated to partnering with families and our community to make a positive difference and together we made significant progress towards achieving this

## **School Readiness & Transitioning to Kindergarten**

he Head Start approach to school readiness: children are ready for school, families are ready to support their children's learning, and schools are ready for children. CSC Head Start (CSCHS) faithfully applies this approach in its work with children, families, and local schools to promote school readiness for each child.

Children are prepared for school by dedicated teachers, developmentally appropriate teaching strategies, research-based curricula and an assessment tool aligned with the Head Start Early Leaning Outcomes Framework. We partner with families to prepare them for their child's entry into kindergarten. School readiness goals are reviewed with parents, activities for home learning are shared, and their child's progress is discussed throughout the year. Local schools are ready for incoming

teachers attend Head Start Family Nights, meet with CSCHS teachers, and welcome CSCHS children and families to their new school during our annual fieldtrip.

Kindergarten transition activities sponsored by CSCHS and Lincoln County School District (LCSD) connect children and families with their future school, begin positive relationships with future teachers, and promote a successful, happy start of school.

In addition to monitoring children's progress in meeting school readiness goals as described below, we receive Oregon Kindergarten Assessment scores for former CSCHS children who have entered kindergarten in LCSD. Averages for former CSCHS children entering kindergarten in 2019 exceeded LCSD averages in four of the six areas assessed: interpersonal skills, upper case letter recognition, lower case letter kindergarten children as kindergarten recognition, and letter sound recognition.

The COVID-19 event created a substantial change in the lives of all of our staff and families. We worked hard to continue the learning process while children were home during our spring session. Teachers worked with families to discuss their child's educational goals and provided lessons remotely to as many families as possible. These lessons took several forms, including videos posted to our CSC webpage, video conferences, educational packets sent through the mail, and individual phone calls. Lessons focused on our school readiness goals, particularly for children transitioning to kindergarten next year. CSCHS has been in close contact with LCSD regarding kindergarten registration and important summer programs that support incoming children, and we update families as we learn more about how school might operate next year.

chool readiness skills listed below were generated in collaboration with community early childhood education programs, Lincoln County School District, and CSC Head

#### Social-Emotional:

Regulates strong emotions; asks for help when needed Shares and has positive interactions with peers Takes care of self and belongings

#### Physical:

Uses writing/drawing tools with three-point finger grip

Retells and answers questions about stories Follows directions of two or more steps

Concentrates & sustains work on age appropriate tasks Demonstrates sorting/classification skills

#### Literacv:

Book knowledge: orients book, turns pages, tracks text Produces 10 or more letter sounds

Recognizes 11 or more upper or lower case letters

Recognizes and writes first name Demonstrates rhyming knowledge

Expresses self in complete 4-6 word sentences

Talks about present, past & future events

### Mathematics:

Creates simples patterns Identifies numbers 0-10

Counts to 20

Identifies basic shapes

Uses positional words: under, beside, above etc.

Uses comparative words: more/less, heavier/lighter, etc.

CSC Head Start school readiness goals were selected from

our assessment tool's learning objectives in alignment with Lincoln County school readiness skills and the Head Start Early Learning Outcomes Framework. 21 learning objectives with specific levels of development were adopted as our school readiness goals. The majority of levels of development selected for school readiness goals are on the high end of preschool learning expectations.

The table below shows the progress made by our children who will be transitioning to kindergarten. Three times a year we review school readiness outcomes data in order to implement instructional strategies in the classroom and family engagement strategies in the home to increase children's learning. Due to the COVID-19 event, this year we present data collected before our school shut down.

	Transitioning children meeting or exceeding School Readiness Goals				
	Fall 2019	Winter 2020			
Social-Emotional	40%	59%			
Physical	71%	76%			
Language	34%	55%			
Cognitive	31%	52%			
Literacy	21%	49%			
Mathematics	17%	37%			

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### Aggregated program-wide data for the 2019-20 school year:

The developmental progress of all children is monitored and aggregated for 60 learning objectives, in addition to tracking school readiness goals development for children transitioning to kindergarten. Our assessment tool provides widely held expectations for each age-group, three year olds, and pre-kindergarteners in six areas of learning. If a child's knowledge, skills, and behaviors are assessed at a level within the range for the child's age, the child demonstrates widely held expectations for the area of learning. Widely held expectations are not shown for the areas of science and technology, social studies, the arts, and English language acquisition, as research does not currently support definitions of expectations. This year, spring data was not able to be collected as we typically would due to the COVID-19 event; however, CSC Head Start children still demonstrated considerable progress between the fall period and the winter period.

DEVELOPMENT & LEARNING	WIDELY HELD EXPECTATIONS FALL 2019	WIDELY HELD EXPECTATIONS WINTER 2020
Cognitive	Meets: 53% Exceeds: 1%	Meets: 82% Exceeds: 2%
Mathematics	Meets: 46% Exceeds: 2%	Meets: 66% Exceeds: 13%
Language	Meets: 58% Exceeds: 0%	Meets: 76% Exceeds: 2%
Literacy	Meets: 62% Exceeds: 1%	Meets: 76% Exceeds: 9%
Physical—Fine & Gross Motor	Meets: 79% Exceeds: 3%	Meets: 81% Exceeds: 17%
Social & Emotional	Meets: 54% Exceeds: 3%	Meets: 70% Exceeds: 15%

SC Head Start provides early learning instruction in 10 areas of development and learning aligned with the Head Start Early Learning Outcomes Framework.

<u>Cognitive</u>: child initiative, curiosity, engagement, persistence, problem solving, and symbolic representation.

**The Arts:** music concepts, visual arts, dramatic play, creative movement and dance.

<u>Mathematics</u>: numbers and operations, geometry, patterns and beginning measurement concepts.

### **English Language Acquisition:**

receptive and expressive English language skills .

**Literacy:** book appreciation and knowledge, phonological awareness, alphabet knowledge, early writing and print concepts.

<u>Science & Technology</u>: prediction, observation, description, explanation, classification, and questioning skills.

**Physical:** physical health status, health knowledge and practices, gross and fine motor skills.

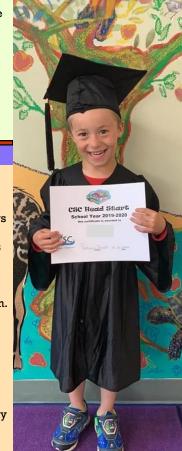
<u>Social—Emotional</u>: social relationships, self concept, self regulation, emotional and behavioral health.

<u>Social Studies</u>: concepts pertaining to self, family, community, environment, history, and events.

### **End of Year Celebrations**

Celebrations were not able to take place in a typical way this year due to the COVID-19 event; however, teachers found new ways to celebrate while keeping everyone safe. All teachers contacted families to say goodbye and to congratulate children in their accomplishments this year. Teachers also put together take home bags with goodies and educational materials to continue learning over summer. Some teachers went even further and created a virtual end of year celebration. In Toledo, teachers connected with children and families through video chat and presented PowerPoint slides and pictures to celebrate each child's strengths and highlight individual learning.

In September, 94 CSC Head Start children will be entering kindergarten. A bright future of continued learning awaits them. We wish each child and family well and thank them for being a part of our Head Start family.



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## **Financial Report**

REVENUES	ANNUAL REPORT - FY 20 UNAUDITED	BUDGET - FY 21
HEAD START - FEDERAL	1,551,124	1,560,944
FEDERAL CSBG	37,500	50,000
FEDERAL SCHOOL NUTRITION	74,413	149,167
OREGON PRE-KINDERGARTEN	547,288	698,088
MISCELLANEOUS REVENUE	21,047	6,000
Total Revenues	2,231,372	2,464,199
EXPENDITURES		
SALARY	1,210,340	1,161,808
FRINGE BENEFITS	633,753	658,581
TRAVEL	3,596	4,149
SUPPLIES	27,821	23,000
TRAINING	13,421	15,000
OTHER	342,441	601,661
Total Expenditures	2,231,372	2,464,199

**Note:** These figures are unaudited, our Comprehensive Annual Financial Report which will include Head Start, will be available via the CSC website near the end of December 2020.

https://communityservices.us/wp-content/uploads/2020/04/csc-annual-report-2019.pdf

Prepared by Connor Lyons

CSC Finance Operations Manager



### **CSC Head Start In-Kind**

olunteerism is a foundation for Head Start.
Family and community involvement ensures success in so many areas. Our In-Kind hours are essential to help us match federal dollars that we receive. We are committed to increasing volunteerism at our three CSCHS sites. Please contact a Head Start site in

Toledo at 541 -336 -5113, Newport at 541- 574-7690

Lincoln City at 541- 996- 3028.

All volunteers must have a background check and meet health requirements.

Donations are tax-deductible!

Total number of Volunteers:

Total hours Volunteered: Total \$ Value:

Month	Total # of Volunteers	Total hrs.	\$ Value
July—September 2019	164	342.6	\$4.014.97
October 2019	119	369.0	\$4,332.11
November 2019	130	294.2	\$3,453.99
December 2019	74	139.66	\$1,639.64
January 2020	73	192.72	\$2,262.68
February 2020	94	197.35	\$2,299.38
March 2020	44	0.02	\$1,056.82
April –June 2020	COVID-19 School Cancelled	0	0
Total for the year	* 256 comprised of repeat Vol.	1,625.01	\$19,059.59

### **CSC Head Start Donations**

In-Kind Donation	\$ Value
Six STEM Junior wonder labs	\$119.94
60 Children Books	\$100.00
Six boxes of envelopes	
Six reams of color paper	\$ 40.00
10 boxes for mailing labels	
Total	\$319.94

#### **Community Donations:**

Lincoln City's Angel Tree donated Holiday gifts for all the children

Chapel By The Sea donated school supplies for 30 CSC HS children going onto kindergarten

Oregon Coastal Quilters Guild made quilts for Full Day nap time.

Due to Covid 19 and the vast changes that it has created in the county, we do not have current statistics. We know that many people have lost their jobs, have children staying home as the schools had to close. We will not know the overall impact one our county for at least another year. The information here is therefore dated from last year's summary with the exception of this statement. A community assessment at this time would be a moving target and would not result in facts that we will need to make future decisions.

Every year, Head Start programs are required to update their Community Assessment with new data. This report serves as the Community Assessment annual update for Community Services Consortium Head Start (CSCHS), which is headquartered in Lincoln City, Oregon and serves children and families in Lincoln County, Oregon. The data collected and analyzed include Census data, Program Information Reports from the Office of Head Start, and vital statistics and social service data from the state of Oregon. This process identified many needs and trends reflecting economic needs of young families in poverty, a need for continued Head Start services at the current level due to increasing rates of full time employment and a need for affordable housing. Additionally, there is a high rate of young children entering the foster care system in Lincoln County, due to many of social issues that families grapple with when living in poverty. better idea about our status.

On average, CSC Head Start and Siletz Head Start (another Head Start program serving primarily Alaska Native and American Indian children in community of Siletz, Oregon) combine to serve about 200 Head Start eligible children every year, or about two thirds of the Head Start eligible population in Lincoln County. These two Head Start programs have a combined funded enrollment of about 224 (160 for CSC Head Start and 64 for Siletz Head Start.) Over the past three years CSC Head Start has served about 20 families each year whose income was between 100-130% of poverty. This represents growth in this category.

Age eligible children in foster care or homeless are automatically eligible for Head Start services. Lincoln County and CSC Head Start both experience extremely high rates of young children experiencing foster care. The rate of homelessness among Lincoln County families with children is very high at 1.4%, compared to 0.9% of families with children statewide. In CSC Head Start 23.7% of all enrolled children were homeless. Among Head Start children statewide only 11.4% were homeless. It is typical of lower population counties, such as Lincoln County with about 47,000 residents, to have lower median family income matched with a lower cost of living when compared to urban centers. However, statewide and in Lincoln County there has been an increase in median rent and homelessness.

CSC Head Start has responded to an increased demand for full day services from families by expanding the number of full day classrooms available. 4 our of 8 classes are now full day.

Health data from CSC Head Start shows that there is a strong connection between the program and local health care providers. On average, 95% of CSC Head Start children have a continuous, available access to dental care and 97% have continuous, available access to health care every year. This is much higher than statewide averages for Head Start children in Oregon, which is at 68.2% and 69.9% respectively.

## Conclusion—This information will have changed dramatically but will have this to compare by next year.

Low income families in Lincoln County are experiencing declining median family income despite working at higher rates, and are faced with an increased cost of living through higher rent. Many issues can be directly linked to these economic trends, such as higher rates of children entering the foster care system, higher need for mental health service among parents and children, and higher rates of homelessness in Lincoln County CSC Head Start provides an important service to these families, providing free early childhood education to the children of working families that may otherwise have this option.

### **GOVERNING BOARD ROSTER 2019-2020**

The Governing Board is comprised of the nine commissioners in CSC's service areas -

### Linn, Benton, and Lincoln Counties of Oregon.

Terms end only when members are not re-elected in their respective counties.

### **Linn County**

Commissioner Will Tucker
Commissioner John Lindsey
Commissioner Roger Nyquist, Chair

### **Benton County**

Commissioner Annabelle Jaramillo
Commissioner Xan Augerot, Vice Chair
Commissioner Patrick Malone
Administrative Specialist: JonnaVe Stokes

### **Lincoln County**

Commissioner Claire Hall
Commissioner Doug Hunt
Commissioner Kaety Jacobson
Executive Assistant: Kristi Peter

## POLICY COUNCIL 2019-2020 Elected by Parents annually-except for Community Representatives

Chair: Tonya Shield Vice Chair: Breanna Donaldson Secretary: Veronica Mendoza

Kellie McKelvie
Tracy Fawver
Anna Villanueva
Leah Carpenter
Hannah Merrill
Brendon Jones
Maria Noriega
Michael Emerson
Kaitlyn Barrie
Lizeth Hernandez Melo
Chelsea Marble

Wendy and Mark Olson—Community Representatives

We thank you Commissioners and Policy Council members for their service, their commitment and dedication